

Disability Allies

PULSE

JUNE 2023

VOL. 5

A WORD FROM OUR CEO

Happy Summer All,

I hope this message finds you in high spirits and filled with enthusiasm. Today, I want to take a moment to express my heartfelt gratitude and celebrate the incredible achievements we have accomplished together.

Our organization is growing! As we recently opened our brand new Day Habilitation program our individuals are super excited to be able to go into the community to participate in outings and volunteer sites. Next on our horizon is residential services!

Our Leadership program has been a success with a new semester that has begun. This summer we will also be starting the **Beyond the Bell** after school program!

Thank you for your unwavering dedication and for making Disability Allies the extraordinary organization that it is. Your hard work and commitment to our individuals by providing excellent services delivery do not go unnoticed, and I am truly privileged to work alongside each and every one of you.

Have a wonderful Summer!

Dr. Nicole Appello
CEO



ICE CREAM SOCIAL

INCLUSION EVENT

On May 25th attendees at the Ice Cream Social Inclusion Event enjoyed pizza, soft drinks, music and fun. The highlight was making your own delicious ice cream dessert. For more information about future Inclusion Events contact:

Tosha.pressley@disabilityallies.com



BEYOND THE BELL OPEN HOUSE WEDNESDAY, JUNE 28TH 4 - 6 PM

Beyond the Bell, **BTB**, our newest program offers a positive and safe environment where participants can make friends, develop life skills that will help achieve a full and joyful life. The program operates Monday, Wednesday & Fridays 3:30-6:30 PM.

For more information contact
Program Manager Ernesto Gibson:
Ernesto.gibson@disabilityallies.com

THE VERY BEST SLOPPY JOE RECIPE

Disability Allies' Culinary Class narrowed down their favorite recipes to two favorites. Ultimately they chose ***The very Best Sloppy Joe.*** Culinary Instructor, Jace Mincer, told us ***the students really enjoyed making the sandwich they said it reminded them of being home!*** Jace and the students were so proud that they made the sauce from scratch and proclaimed it was the best Sloppy Joe they ever had!



Cooking is all about people. "Food is maybe the only universal thing that has the power to bring everyone together. No matter what culture, everyone around the world people get together to eat."

Guy Fieri

"Cooking and Baking is both physical and mental therapy"
Mary Berry

SATURDAY RESPITE

Participants in Disability Allies' Saturday Respite Program enjoyed a day at SeaQuest



Participants were able to touch, feed and interact with animals from five different continents! Especially enjoyable were the Asian Otters, Sloths and flying squirrels. We can't wait till the next Saturday Respite Outing!

DISABILITY ALLIES' 2ND ANNUAL DAY AT THE RACES

Event goers will be treated to private seating overlooking the finish line & the paddock in The Turf Club, live racing, buffet lunch, entry into Disability Allies Hat Derby, games of chance and fun.



Disability Allies 2nd Annual Day at the Races
Sunday, July 23rd - 12:00 Noon

Adults \$125 Children \$50 under 10 free
lunch, seating in the Turf Club, entry into our Hat contest & fun
Contact Development@disabilityallies.com
732.554.5266

DISABILITY ALLIES IS PUBLISHING A COOKBOOK

To share a meal with someone is more than just eating, it is sharing a sense of brotherhood and sisterhood. It promotes meaningful relationships and connections. Students in our Culinary class cook and share meals together as part of our overall Program fostering Inclusion.

Inspired by our Culinary Students we are publishing a cookbook featuring many of our students' culinary creations along with photos, commentary and meaning from our chefs about each recipe.



If you like to be featured in our Inaugural cookbook with your recipe, photo and commentary contact

Development@disabilityallies.com

732.554.5266

*******Space is limited *******

INSPIRE DAY HABILITATION



At our new Day Hab, **INSPIRE**, experienced staff assist our served individuals to work on and obtain their own goals. The staff guide our served individuals in activities which help them learn important skills for daily living: personal care, social skills, relationship building, independence, personal choice, artistic and creative skills. Inspire operates Mondays through Fridays, 8:30 AM - 3:00 PM
Contact: Intake@disabilityallies.com
for more information



**Open your heart to those in need
with a delicious breakfast at
Applebee's
251 Woodbridge Center Dr. Woodbridge
Tickets \$15.00
(Inside the Woodbridge Mall)**

For more information, to purchase tickets, or make a donation contact:
Development@disabilityallies.com
732.554.5266

HELP US WIN THE RACE FOR INCLUSION BY DONATING TODAY

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732.554.5266**